

# THE ANGELUS

Volume 64 Number 11

Christ Episcopal Church • Winchester, Virginia

July 2014

## Rector's Message

Dear People of Christ Church,

I hope that you are able to find some “re-creation” time during the summer months. I also hope that you are letting your friends and neighbors know about our Vacation Bible School with Grace Lutheran, which is July 7 - 11. The Bible School is a wonderful opportunity for new friends and lots of fun and fellowship for all who attend or help.

I want to touch base with everyone in the parish concerning hospitals, parishioner visitation, and the HIPAA regulations. While there are a variety of reasons for the HIPAA regulations, which people may or may not agree with, they are a reality now that we must deal with in health care. These HIPAA regulations impact the ministry the clergy provides when we have to work with health care systems and hospitals. The main impact is best stated by a recent notification from the Winchester Medical Center's hospital chaplain's office:

*“With changes in automated systems come changes in the type of reports generated from this system. As before, it is imperative that parishioners and family members alert the church office and/or ministry team to an anticipated or unexpected hospitalization. Chaplaincy Services is able to print patient lists by denomination; however if the parishioner does not provide religious affiliation upon registration/admission, his/her name will not appear on the denomination list. Due to HIPAA regulations, we cannot legally share hospital census lists. Thus, the best alert to clergy and ministry teams about parishioner's hospitalization is through your church communications. We encourage you to share this request for information about hospitalizations or emergency department visits with your congregation members via printed and electronic communications.”*

If you would like the clergy to know of your hospitalization, please call us. You can leave a message in our confidential voice mailbox by calling the Church Office (540-662-5843); you can call us at home (phone numbers are listed in the parish directory); or call our cell phones (my cell is 540-931-5288 and Bridget's cell is 443-466-8356 (same as her home number)). The least preferred way to notify us is via email, but that is another option to use. Direct contact with us is the most assured way to make sure the clergy know if you are in the hospital. The same also applies if you would like the parish nurse, Helen Zebarth, to know you are in the hospital. Please be sure to contact her directly.

While this may feel like a new requirement for helping to inform the clergy, this is not the case. Recently, when I was looking over old Vestry minutes, I found a discussion which occurred between the Vestry and then rector Holt Sauder (rector from 1955-1962) having to do with complaints from parishioners that the clergy were not visiting sick parishioners. Mr. Sauder explained it simply to the Vestry saying, “The clergy are not able to visit those whom the clergy do not know to be sick.”

*Continued on p. 2*

### Contents

- |   |                              |    |                                 |
|---|------------------------------|----|---------------------------------|
| 1 | Rector's Message             | 7  | Birthdays & Anniversaries       |
| 2 | Rector's Message/Vestry News | 8  | Pilgrimage Photos               |
| 3 | Assistant Rector's Message   | 9  | Pilgrimage Photos               |
| 4 | Worship                      | 10 | Finance Committee News          |
| 5 | Christian Formation/Music    | 11 | Properties Committee/Fellowship |
| 6 | Calendars                    | 12 | Nurse's Musings                 |

## Rector's Message

So, it's not really a new challenge. However, with a high level of confidentiality, even informal networks among family and friends become less reliable than before HIPAA was instituted. Therefore, direct communication with the clergy becomes even more important for the clergy and the parish.

Finally, just to make sure you are aware, Bridget and I each take off one full day a week. Bridget is off on Monday. I am off on Friday. So, the clergy is always available. If you reach our voicemail at the office, at home or on the cell, please be sure to leave a message which includes the best way for us to get in touch with you. We do check our voicemails, so please be sure to leave a message.

I will keep you up to date should any further developments occur with the regulations. For now, direct communication with the clergy, as the hospital's chaplaincy office recommends, is the best way to go.

Thank you for your help in our ministry and lives together.

Faithfully,



The Rev. Webster Gibson, Rector

## Highlights from June's Vestry Meeting

- Updates on the Smith Building, organ, and planned giving will be given in July.
- Positive feedback has been received about Vestry members making announcements at services. Vestry members will continue to sign up.
- The grant from the Rotary Club for the backpack ministry has been approved.
- Bridget will travel to Haiti for a week in August to assist Ashley Bingaman in completing her mission trip. They will travel back to Virginia together.
- Upcoming events/dates to remember include:
  - Vacation Bible School—July 7-11, 2014
  - Stewardship Workshop—August 26, 2014
  - Bishop's Visitation—September 14, 2014
  - Annual Health Fair—October 12, 2014
  - Annual Church Rummage Sale—October 24-25, 2014
  - Medical Mission Trip—January 24-31, 2015

## From the Assistant Rector

Dear Friends in Christ,

This time of year often brings to mind endings and beginnings; the end of our program year as a parish, the end of another school year and the beginning of summer, of vacations, of projects we've put on our list of things to do, the beginning, for some, of life at a slower pace. For some this marks a time of celebration and transition as they graduate and prepare for their next steps; college, graduate school, new jobs. In the midst of this time I find that we can become so caught up in these mountaintop moments that we somehow overlook the journey that brought us there. As a kid I remember my mom frequently having to say, "Watch where you are going, not where you've been." And while I can see why she would say this, I'm beginning to see things a little differently.

As we headed to England for our pilgrimage this spring, I was looking forward to what God might place in my path and while each day included more awe inspiring moments than I'm sure I'll ever truly be able to process, I'd like to share a little piece of my pilgrimage journey that I feel will continue to shape and inform my spiritual life. Our first Sunday on pilgrimage, we attended Old St. Paul's Scottish Episcopal Church in Edinburgh. In his sermon, Canon Ian Paton quoted from a sermon of Cardinal John Henry Newman in which Newman said, "We walk to heaven backward." This quote and Canon Paton's sermon have given me much to think and meditate on, as well as encouraged some physical walking backwards to see what it is like.

Walking backwards on anything other than a flat, straight, clear path is not easy. It is difficult, it feels unnatural, and it heightens your sense of vulnerability. Instinctually, I kept wondering where I was going. It took some extra work to focus on where I had been. Probably the biggest benefit of walking backwards is that I slowed down and took more careful steps! And therein lies a piece of the wisdom I've gleaned from Newman's quote. On our faith journeys, in this life as we seek God, we cannot know what lies ahead of us. What we do have though is our experiences and those of our fellow pilgrims in life, which we have the opportunity to learn from. It is our past, it is the view of walking backwards toward heaven that helps us take each new step.

As you travel this summer, to visit friends and family, to attend camp, as you relax and hopefully find some time for restoration, remember what the Psalmist writes: "The Lord shall watch over your going out and your coming in, from this time forth for evermore." (Psalm 121:8)

Seek to find God wherever you might be this summer and try taking a few steps backward!

Blessings,



The Rev. Bridget Coffey, Assistant Rector



Bridget on Lindisfarne  
with a statue of St. Aidan

# Worship

## Bishop's Visitation

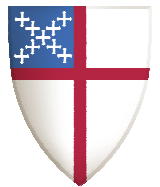
On Sunday, September 14, at 3:00 pm, we will have our annual bishop's visitation with The Rt. Rev. Ted Gulick. This is our opportunity to welcome the bishop and to share with the bishop in baptisms, confirmations, receptions, and reaffirmations. Yes, the time is 3:00 pm that Sunday afternoon. We will have our normal Sunday service schedule, and then we will have a special service with the bishop later in the day.

For those of you who are interested in engaging the Christian life and service through the Episcopal Church in a more committed way, the Inquirers' Class for those considering being confirmed or received will begin on Sunday, August 10. We will meet in the Parlors immediately following the 10:30 am service. We will review the process of preparation and meeting times when we gather on the 10<sup>th</sup>. To help the clergy with material preparation required for the class, please contact Bridget or Webster at the Church Office (540-662-5843) by Sunday, August 3<sup>rd</sup>, if you would like to attend or have questions.

For the rest of the congregation, we will need your help! This is not our normal time for hosting the bishop. With three bishops and 45 Sundays a year to visit 186 parishes in this diocese, creative service times have to come about! Martha Roberson and the Parish Life committee and the Vestry will need your help with the reception, so please be generous when asked for help preparing next month!



*Bishop Ted with Karey Starnes  
at last year's visitation*



## FAQs for the Bishop's Visitation

**What is confirmation?** Confirmation is the rite in which we express a mature commitment to Christ and receive strength from the Holy Spirit through prayer and the laying on of hands.

**What is required of those to be confirmed?** It is required of those to be confirmed that they have been baptized, are sufficiently instructed in the Christian faith, are penitent for their sins, and are ready to affirm their confession of Jesus Christ as Savior and Lord. As part of our Christian formation program at Christ Church, adults and the youth in 10th grade and older who have not been confirmed before are asked to consider participating.

**What is reception?** Reception is the action of a person who has made an adult profession of faith in another denomination being received into the Episcopal Church. We recognize this reception by the person receiving prayers from the bishop in front of the congregation. This process also involves a time of preparation and is a wonderful way to learn more about Christian living, the Episcopal Church, and personal service to our Lord.

**What is reaffirmation?** Reaffirmation is the opportunity for those Episcopalians who would like to reaffirm their faith and service to Jesus Christ. While Holy Baptism happens only once, people find the need at various times in their life to reflect and renew their awareness of how they are called to live out their baptism. This process of preparation is similar to the processes of confirmation and reception, but with a different focus on renewal. Those seeking reaffirmation will also stand before the bishop to receive a prayer for renewal and empowerment from the Holy Spirit.

## Christian Formation & Music

### Vacation Bible School



*Weird Animals* are already beginning to roar for our week of worship, learning and fun! All children from ages 2 through current 6<sup>th</sup> graders are invited to be a part of Vacation Bible School July 7—11 at Grace Lutheran Church.

Neighbors, cousins, and friends are more than welcome! We would love to have youth who are currently in 7<sup>th</sup> grade, or older, serve as helpers in the classrooms and at games.

We will learn from New Testament stories about Jesus healing the lepers, reaching out to a Samaritan woman, washing the disciples' feet, dying and coming back to life and of Ananias helping Saul; enjoy snacks at the Critter Café; relax and play at Untamed Games; discover in the Imagination Station; and sing classic worship songs and brand-new praise songs.

Registration is underway. Registration forms are at the back of the Sanctuary and in the Tilford Room. Registration online is also available on the church website ([www.christchurchwinchester.org](http://www.christchurchwinchester.org)).

What do we do at VBS? As with Sunday School, we tell and retell the stories of Jesus, our faith, and our ancestors in faith, each time repeating the story and building and expanding our relationship to it. We want our children and those from the community who are neither ours nor from Grace to know that, no matter what, God loves them unconditionally. It's worth repeating as many times as we can!

VBS needs your prayers and your support. Now is the time to volunteer your help, and we always need adult help in many ways. It takes all of a congregation, and in our case, two congregations, to make this huge outreach to our local children possible. Think and pray about how you are called to help. Contact Margery Wingenbach at 540-667-0386 or the Church Office (540-662-5843).

### MAD Campers Visiting

On Monday, July 21<sup>st</sup>, Christ Church welcomes Shrine Mont's Music and Drama (MAD) campers as they perform in our sanctuary at 5:00 pm. MAD Camp, held annually at Shrine Mont for high-schoolers, focuses on the preparation of a biblically-based musical that features the unique talents of each performer. They learn songs and movements and create sets and costumes, and then take the show on the road. All ages are welcome for the performance. We will host a dinner for the performers after the show, too. Anyone interested in helping with dinner should contact Webster at the Church Office (540-662-5843).

### SINGGG Camp

SINGGG! Sing God's Glory is a summer choir and creative arts camp that is held annually in Winchester. This summer it is July 21-25 at Grace Lutheran Church. It is an ecumenical camp designed to provide children with a summer singing experience and to introduce them to new forms of musical and artistic expression, all to the praise of God. The camp runs from 1:30 pm to 5:00 pm Monday through Friday with devotions, choirs, musical and creative arts and refreshments each day. Rising second through seventh graders are welcome. The registration fee is \$45 per child. For more information or to register, please see [www.gracewin.org](http://www.gracewin.org) or call Megan Cassada at 540-667-3453.



## Calendar and Upcoming Events

### Church Services

#### Sunday

Holy Communion Rite I 8:00 am  
Holy Communion Rite II 10:30 am

#### Wednesday

12:00 pm Pilgrim's Chapel  
(Healing Service 3rd Wed)

#### Second Monday

6:30 pm Special Needs—Sanctuary

#### Weekdays

7:30 am Morning Prayer Pilgrim's Chapel

### Committee & Group Meetings

*Many groups are on summer vacation June-August.  
Please see right column for groups meeting in July.*

Adult Handbell Choir	Thurs: 7:00 pm
Adult Choir Rehearsal	Wed: 7:00 pm
Adult Forum	Sun: 9:30 am
Alleluia Singers	Sun: 8:45 am
Knit Unto Others	1st Mon: 7:00 pm 3rd Tues: 2:00 pm
Liturgical Bible Study	Wed: 10:30 am
Community Fellowship	2nd Thurs: 7:00 pm
Outreach Committee	4th Tues: 7:00 pm
Properties Committee	3rd Tues: 7:00 pm
Treasure Box	Wed & Fri: 10 am-4 pm
Vestry	2nd Tues: 7:00 pm
Women's Bible Studies	Tues: 10:45 - Noon Wed: 6:15 pm – 7:30 pm
Daytime Faith Study	2nd/4th Thurs: 10:00 am
Youth Group	Sun: 6:00-7:30 pm
Youth Handbells	Sun: 5:00 pm

### July

- 4-6 Bishop's Jubilee at Shrine Mont
- 7 Knit Unto Others at 7:00 pm
- 8 Vestry Meeting at 7:00 pm
- 10 Community Fellowship at 7:00 pm
- 12 Men's Fellowship at 8:00 am
- 14 Special Needs Service
- 15 Knit Unto Others at 2:00 pm  
Properties Committee at 7:00 pm
- 21 MAD Campers performance
- 22 Outreach Committee at 7:00 pm



**The Rector's day off is Friday.  
The Assistant Rector's day off is Monday.**

#### *Children's Chapel*

*No Children's Chapel for the summer!*

#### *Nursery*

Our nursery will be open but unstaffed during the summer. Parents are welcome to use as needed during the 10:30 am service. It is on the 2nd floor of the Parish Hall

## July Birthdays

- 1 Ann Crocker, Mary Estes,  
Stephanie Fairbanks
- 2 Betty MacDonald, Susan Morris
- 3 Gil Kesser
- 5 Jim Laidlaw, Mark Pennypacker
- 6 Robert Adams, George Gibson
- 7 Sydney Barton, Nick Nerangis,  
Philip Sargent
- 9 Eve Brown, Bob Mitchell
- 11 Christina Lee, Jason Lee, Pat Leinbach
- 13 Abigail Dodd
- 14 Kirk Gibson
- 15 John Claybrook, Ron Mislowsky,
- 16 John Goodman, Carly Romaine
- 17 Julie Read, Timothy Shows
- 18 Larry Correll, Karey Starnes,  
Rebekah Wiedower
- 19 Deborah Goodman, Stacy Talbott,  
Luke White
- 20 Elizabeth Burns, Emma Martin
- 21 Chelsie Pearson, Mary Pyles, Kylie Russell
- 22 Graham Becker-Welts, Braden Raymond,  
Holt Roberson, Aaron Shows
- 23 Robin Koneczny, Wes Romaine,  
Cathie Russell
- 24 Maddy Bromley, Jeffrey Davis,  
Katherine Miles, Amber Strosnider
- 25 Arthur Sperry
- 26 Ashton Dodd
- 27 Bill Brandt, Dillon Holland
- 28 Linda Meade
- 29 Karen Dains, Janet Waller
- 30 George Stierhoff, Doug Thomas
- 31 Tim Whipkey



## Wedding Anniversaries

- 1 Bill & Kay Jones
- 6 Webster & Rebecca Gibson
- 7 George & Tricia Glass
- 9 Gary & Susan Sheppard
- 13 Clyde & Mona Pressley
- 16 Jim & Diedra Kriewald
- 22 Pete & Mary Pat Gronauer
- 24 Tim & Ann Whipkey
- 30 Steve & Loretta Johnston  
Roger & Pamela Lamborne
- 31 Chris & Robin Northrup



### Please Note:

**We will publish birthday and anniversary information only with explicit permission. Please contact the church office if you wish to be added to or deleted from these lists.**

**Please keep the church office informed of any changes to your address, phone numbers and e-mail addresses.**

**Please let the office know the school addresses of our college students.**



**Look for Christ Episcopal Church Winchester and like us to stay up-to-date on the latest news!**

## Spring Pilgrimage to Scotland & England



The Pilgrims following their final dinner at Canterbury Cathedral

Sheep



Stained glass at Canterbury Cathedral



Alnwick Castle



## Spring Pilgrimage to Scotland & England



Salisbury Cathedral



St. Mary's Holystone



At Cathedral Church of  
St. Nicholas  
in Newcastle Upon Tyne

## From the Finance Committee

Same story once again! In last month's Angelus, it was reported that revenue was down by about \$9,800 and expenses were right on the budget number. Revenue through May is now down by \$10,085 (4.5% below our budget), and we are slightly over expenses by \$1,017. (This is about 0.5% above budget.)

The table below shows current details of all budget categories.

	Jan -May Actuals	Jan-May Budget	Jan-May Actual - Budget
<b>Total Revenues</b>	<b>\$215,590</b>	<b>\$225,675</b>	<b>\$(10,085)</b>
<b>Expenses</b>			
<b>Total Personnel</b>	\$163,993	\$165,123	\$(1,130)
<b>Utilities</b>	\$14,978	\$11,445	\$3,533
<b>Property/Maintenance</b>	\$14,477	\$14,800	\$(323)
<b>Office Expenses</b>	\$10,350	\$9,921	\$429
<b>Christian Education Expenses</b>	\$1,073	\$2,430	\$(1,357)
<b>Music Expenses</b>	\$6,171	\$5,200	\$971
<b>Worship</b>	\$463	\$640	\$(177)
<b>Stewardship</b>	\$69	\$-	\$69
<b>Outreach</b>	\$13,250	\$14,450	\$(1,200)
<b>Pastoral Care</b>	\$432	\$150	\$282
<b>Parish Life</b>	\$997	\$825	\$172
<b>Communications</b>	\$498	\$750	\$(252)
<b>Total Expenses</b>	<b>\$226,751</b>	<b>\$225,734</b>	<b>\$1,017</b>
<b>Net Total</b>	<b>\$(11,162)</b>	<b>\$(59)</b>	<b>\$(11,102)</b>

It was reported in the June Vestry meeting that unpledged revenue through May was slightly ahead of budget and that the entire shortfall in revenue was from being behind in pledged revenue.

As we face the summer months, when attendance is down due to vacations, our budget reflects lower than normal revenues along with relatively constant expenses. This means **we are expecting the current deficit to grow for several months until attendance picks up once again**. This is expected and if the historical pattern we have seen in recent years repeats again in 2014, a surge in year-end revenues will bring everything back to break-even!

**DON'T FORGET YOUR PLEDGE!**



*If you have questions about this financial information, please submit them by e-mail to Theresa Seitz at [tseitz@christchurchwinchester.org](mailto:tseitz@christchurchwinchester.org)*

## **From the Properties Committee**

The Properties Committee continues to preserve and protect the historic and the functional built environment for which Christ Church has responsibility, maintaining the structures for use today and for the next generation of parishioners.

As all homeowners know, the first concern with regard to any building is keeping the elements out, especially water. So far, our roofs, new and not-so-new, are doing their jobs. Cracked mortar in brick walls is also a source of water entry. The west wall of the Smith Building is ready for re-pointing and brick replacement. Completing this work this summer requires good will from our neighbor, as our property line extends only about three inches from the wall of the Smith Building! So, we thank them for working with us.

After roofs, the most important areas of buildings may be the “underneath”—the basements and the areas down below the floors where the foundation meets the earth. Several intrepid Properties Committee members have recently been investigating these areas as part of an overall “home inspection” of church properties. James Baden, David Wingenbach, Sandy White, and Doug Thomas have found some very large and heavy “antique” mechanical and electrical items, which have become obsolete, some “antique” galvanized water pipes, which are calling for attention, and some of that once-popular insulation product which is now reviled. These findings help us prioritize future repairs and improvements.

Other areas of attention for the committee have been the air conditioning units (repairs thus far this summer have been “routine”), interlopers parking at the Baden Center (they are not parking there while they go to the Treasure Box!), the condition of the window sills in the church building, and the recent trouble—again!—from the elevator in the Smith Building. Advice: Use the stairs for now when you visit the Church Office; it will be good for your health! Finally, we are all grateful for the continued loyalty and service provided by our sexton, Tuffy Whitacre.

*(Submitted by Kevin Kennedy)*

## **Fellowship Group Expands**

After discussing our current men's ministry with Webster, we have decided to re-name the Thursday night program the "Christ Church Community Fellowship" - to open our programs to more families in the parish. We are doing this because our men's program has become more community-oriented, rather than a strict fellowship for men. Our next Community Fellowship meeting will be on July 10th at 7:00 pm in the Tilford Room. Watch the weekly email update for details on the presentation.

As a result of this change in direction, the men's program will return to Saturday mornings beginning with an overview meeting on Saturday, July 12th, at 8:00 am. The focus will be strict fellowship for men focusing on the issues we all face in today's society, along with programs we, as men, can host for the parish.

These changes give us the best of both worlds. For those of you who prefer and enjoy the community fellowship presentations on Thursdays, that program remains in place. For those of you who prefer a strictly men's fellowship, we will design our revised program around your feed back starting in July. And for those of you who like both options, we now have them available!

## THE ANGELUS

Christ Episcopal Church  
114 West Boscawen St.  
Winchester, VA 22601-4116

Non-Profit  
Organization  
U.S. Postage Paid  
Winchester, VA  
Permit No. 216

*The Angelus* is a monthly publication of Christ Episcopal Church.  
For weekly updates, please see *The Sunday Announcements* in the bulletin.

### Parish Nurse Musings

Recently, I received a letter from Lisa Zerull, Program Manager Chaplaincy Services, at Winchester Medical Center. I am going to quote the third paragraph:

“With the new EPIC system, which began May 31, 2014 at WMC, there will be changes in reports generated. It is imperative that congregation/family members alert the church office and/or ministry team to a hospitalization. Chaplaincy Services is able to print patient lists by denomination; however, if the congregation member does not provide religious affiliation upon registration/admission, his/her name will not appear on the denomination list. Due to HIPPA regulations, we cannot legally share hospital census lists. Thus, the best alert to clergy/ministry teams about hospitalized congregation members is through your church communications. To help facilitate visitation by the clergy/ministry teams, please share/reinforce this information during your encounters with parishioners. Your ‘known and trusted’ presence increases understanding and adherence, enhancing patient-centered care.”

So, please remember that if you are admitted to the hospital, you should list your affiliation as Episcopal. And, please let the clergy know you are there by calling them directly. You can call the Church Office (540-662-5843) and leave them a voicemail if they are not available. Or you can call their cell phones (Webster’s cell is 540-931-5288 and Bridget’s cell is 443-466-8356).

Have a wonderful summer and see you next month!

Helen Zebarth, your parish nurse