

# THE ANGELUS

Volume 66 Number 10

Christ Episcopal Church • Winchester, Virginia

June 2016

## Rector's Message

Dear People of Christ Church,

I was recently asked by one of our office volunteers about my being appointed to the position of Dean of Region 14. The question was, "What does it mean for you to serve as Dean?" I thought it was a pretty good question, since we have deans of seminaries, deans of cathedrals, and deans of regions.

The easiest way to explain the Dean of the Region appointment is to cite the Constitutions and Canons of the Diocese of Virginia, which state in Canon 6, section 2:

*(a) The Bishop shall appoint, with the advice and consent of the Standing Committee, one Priest in each Region as the Dean thereof. A Dean shall serve at the pleasure of the Bishop, but in no event for more than four consecutive years, and shall be the official representative of the Bishop to the Region.*

Is your next question, "What is a region?" It is another good question. To help the bishop and diocese with communication, events, and other ministries around the diocese, a diocese is divided into smaller regions. (Why and how many regions varies from diocese to diocese.) The Diocese of Virginia has 15 regions and each region has a dean and a regional council made up of the clergy serving the parishes of the region, as well as lay delegates from each parish. Within the council, they elect a President, Vice President, Treasurer and Secretary. Two of the region functions are:

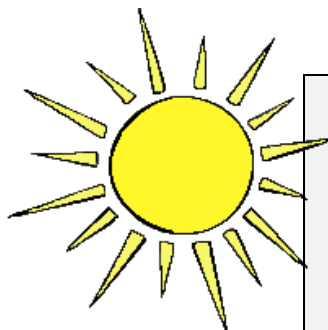
*(a) Each Regional Council shall be responsible for seeing that the ministrations of The Episcopal Church are made available to every person living within the boundaries of such Region and shall exercise authority for the Region as a whole in safeguarding the interests and extending the ministrations of the Church throughout its borders, so that the Region may function as a unit in matters of common concern and responsibility. A Regional Council may, for these and other purposes, and subject to the approval of the Executive Board, adopt and administer a budget.*

*(b) Any proposal to begin missionary work or to found a Church must have the approval of the Regional Council of the Region in which such work or Church is to be established.*

Among the activities of our particular region, our region supports our mission churches, our college chaplaincy programs, and discerns additional projects for the parishes to consider working on together. The region council meets quarterly and, because of our being a larger congregation, we have two delegates to the region, Diane Schnoor and Sandy White.

So, as Dean of Region 14, I support the President, Skip Barcher, with organizing meetings, addressing concerns among parishes, and by being present at our meetings. I also join with the other regional deans to meet

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## From the Rector

with the Bishop to hear or address concerns or issues around the region or diocese. I meet with the clergy in our “Regional Clericus” to discuss diocesan issues or events, review any concerns on the regional level, and have fellowship among peers.

Our previous dean, The Rev. Dwight Brown, retired this past May from Grace and St. Mary’s in Berryville after 30 years of service. While we will miss him, his departure has also made our region very much aware of the number of vacancies we currently have in Region 14 due to clergy departures for calls to other parishes or retirement. Our challenge is to continue to support the parishes who are in search. Of the 16 parishes and missions in our region, seven have vacancies. As the region continues our support of those in search processes, I would ask that you keep them in your prayers as well.

One other question that may come up for you has to do with the title associated with deans, which is the addition of the term “Very” to “The Rev.” This is our Anglican way of identifying a person serving as a dean. So occasionally, I will get mail addressed to “The Very Rev. Webster Gibson.” As we say in philosophical world, this is not an ontological change in my being human. So, once I have served as dean and am no longer dean, that “Very” will go away.

If you hear about a region meeting, or that Bridget and I are at a clericus meeting, or that I am at a dean’s meeting, hopefully you have a better idea of what I’m working on. If you have any other questions about the regions or my serving as dean, please let me know.

Thank you for asking the questions.

Faithfully,



The Very Rev. Webster Gibson, Rector  
rector@christchurchwinchester.org

## Highlights from the May Vestry Meeting

- The Vestry approved a request from the Outreach Committee to spend \$50 per month to supplement donations to CCAP.
- The Properties Committee is collecting bids for work on the exterior of the sanctuary, roofs, asbestos removal, and Smith Building foundation work.
- The Senior Warden read a letter from the Bishop thanking the church for the pledge to the diocese.
- Parish Weekend was a success with 58 in attendance.
- Chair sales for Apple Blossom were down due to the weather.
- There is a new procedure for distributing food cards to the needy in the Church Office. Parishioners can speak with the clergy. Others requesting assistance will need to have a written referral from CCAP prior to meeting with the clergy.

## From the Assistant Rector

Dear Friends in Christ,

We have entered that long season of the liturgical year – the Season after Pentecost. The liturgical year, which begins with the Advent, provides a way for us to see afresh what God is doing, not just what God has done, but how God is actively moving in this world. As liturgics scholar Patrick Malloy explains it, “Day by day, week by week, season by season, the liturgical year provides a series of lenses through which the church can see in tiny glimpses a reality and a relationship that no human being can grasp in its entirety.” With that in mind, how then do we experience and understand our relationship with God and with one another through the lens of Pentecost?

This season begins following the Day of Pentecost when, as a church, we remember the coming of the Holy Spirit among the people and we reflect on gift of the Holy Spirit which is active in our lives. There is a sense of aliveness and movement that we associate with this time and with the Holy Spirit. In fact, the Holy Spirit is depicted in many vibrant ways: wind, breath, fire, cloud, water, a dove. Images we try to use to wrap our minds around the indescribable. Yet what our minds cannot explain, our hearts have surely experienced. Often we do not realize in the moment but when we reflect back on seasons of our lives we see the wisdom, the guidance, and the movement of the Holy Spirit through it all. It is out of this lived experience that we come to a new season with hopeful expectation of where the Holy Spirit will lead us.

Over the last few years, we as a congregation have been led to begin an outreach ministry partnership with Frederick Douglass Elementary School known as *Panda Pantry*. From the beginning, this has been a Holy Spirit moving, leading, and opening doors ministry for me. Through faithful conversations and discernment, we are now responding to an ever present need in our community. As Jeremy Welts, chair of our Outreach Committee, said recently during announcements, “Hunger does not take a vacation for the summer.” On page 8, you will find details of how you can be a part of this ministry.

In his book *We Make the Road by Walking*, Brian McLaren writes, “When we open up space for the Spirit and let the Spirit fill that space within us, we begin to change, and we become agents of change.” Some days, it may seem that the world around us is filled with more difficult situations than we can handle. The growing problem of food insecurity for children around the world often seems insurmountable. But, with each box of cereal, with each jar of jelly, lovingly bought and packed for our neighborhood children, we are making a difference. The Season after Pentecost is the perfect time for us to be intentional about opening up space within ourselves and our congregation for the Holy Spirit to fill us to overflowing. Who knows what change may come or how we might be used. And, my friends, that’s the exciting part!

Blessings,



The Rev. Bridget Coffey, Assistant Rector  
bcoffey@christchurchwinchester.org

# Christian Formation

## Sunday School News

Our **summer schedule** begins Sunday, June 5. Throughout the summer, the nursery will not be staffed but will remain available during the 10:30 am service for anyone who needs a break during the service. As always, there will be Eucharistic Prayer booklets that can be colored and taken home, and additional coloring sheets matched to the readings in the brightly colored “Sanctuary Sacks” at the back of the church. Look for baskets of more coloring materials under the choir loft stairs on the pulpit side of the Sanctuary. Crayons are provided. There is another basket of toddler cloth books and other materials on the other side of the Sanctuary, beside the Sanctuary Sacks.

Sunday School classes and Children’s Chapel will take a summer break until we begin our Fall session late in the summer.

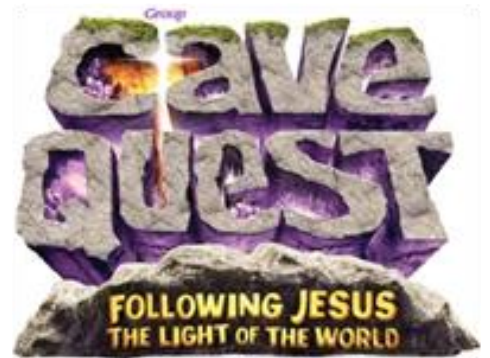


*The Sunday School classes would like to thank and recognize the adult leaders who have worked so faithfully with our children and youth in Sunday morning classes throughout the 2015-16 session. Our great team consisted of Beth Conrad, Julie Constantino, Rebecca Gibson, Martha Griffin, Sue Jarvis, Barry Schnoor, and Betsy Young. As you see them over the next few weeks, please thank them in person for answering the call to this vital ministry. Our team of Ashley and*

*Steve Haines, Betsy and Tom Pondelik, and Amy Whipkey has led the Children’s Chapel through the year and with the assistance of our youth. Many thanks to them for their ministry to our children and parents.*

### Vacation Bible School

July will be here sooner than we realize! *Cave Quest: Following Jesus the Light of the World* is already well under construction for our week of worship, learning and fun! All children from ages 2 through current 6<sup>th</sup> graders are invited to be a part. Neighbors, cousins, and friends are more than welcome! We would love to have youth who are currently in 7<sup>th</sup> grade, or older, serve as helpers in the classrooms and at games. This year’s New Testament stories teach us how Jesus gives us hope, courage, love, direction, and his power. We’ll enjoy snacks; relax and play at game time; enjoy all sorts of activities, and sing classic worship songs and brand-new praise songs.



**Registration** is underway. Registration forms are at the back of the Sanctuary and in the Tilford Room at Coffee Hour, or on the church website ([www.christchurchwinchester.org](http://www.christchurchwinchester.org)).

What do we do at VBS? As with Sunday School, we tell and retell the stories of Jesus, our faith, and our ancestors in faith, each time repeating the story but building and expanding our relationship to it. Because we reach out to the community, we make no assumption that all the children will come with a familiarity with the great stories of faith. We want our children and those from the community who are neither ours nor from Grace Lutheran to know that, no matter what, God loves them unconditionally. It’s worth repeating as many times as we can!

VBS needs your prayers and your support. Now is the time to **volunteer** your help, and we always need adult help in many ways. It takes all of a congregation, and in our case, two congregations, to make this huge outreach to our local children possible. Think and pray about how you are called to help. Check out the volunteer jobs listed on the volunteer form and contact Margery Wingenbach at 667-0386 for more details.

## Pastoral Care

### Knit Unto Others

Did you know that Christ Church's prayer shawl ministry (Knit Unto Others) has given over 300 handmade shawls and blankets to those in need of comfort and prayer? Did you know that you can request a prayer shawl for someone you know who needs a little extra healing touch? This dedicated group of knitters meets once monthly, on the third Tuesday at 2:00 pm, in the Parlors, to pray and knit together. All levels of knitters, and those who crochet, come to teach each other, share patterns and stitches, and help solve "boo-boos." Other knitters work on their own and donate their work to the prayer shawl ministry. Knit Unto Others is now in its seventh year and is seeking more participants. It's fun and a great way to meet members of the community. The gift of the shawls and blankets serves as a lasting treasure of God's love to many of the recipients. To find out more, please check the website ([christchurchwinchester.org/node/68](http://christchurchwinchester.org/node/68)) or see or call Nancy Brown (667-3630), Kay Keely (722-8977), or Sara Bicking (431-5344).



*Sara Bicking and Kay Keely at work*



## Music News

**SINGGG Camp** (*Northern Shenandoah Valley Summer Choir and Creative Arts Day Camp*) will be held this year each day of our Vacation Bible School, July 11-15, here at Christ Church from 1:00 to 5:00 pm. This camp is for 2<sup>nd</sup>-7<sup>th</sup> graders. Information and registration forms are available on the website ([www.christchurchwinchester.org](http://www.christchurchwinchester.org)).





## Calendar and Upcoming Events

### Church Services

#### Sunday

Holy Communion Rite I 8:00 am  
Holy Communion Rite II 10:30 am

#### Wednesday

12:00 pm Pilgrim's Chapel  
(Healing Service 3rd Wed)

#### Second Monday

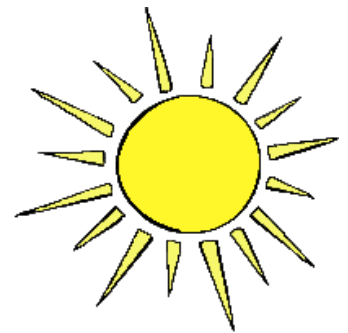
6:30 pm Special Needs—Sanctuary

#### Weekdays

7:30 am Morning Prayer Pilgrim's Chapel

### June

- 5 Habitat for Humanity Interfaith Build  
Interest Meeting after 10:30 am service
- 11 Men's Fellowship at 7:30 am,  
Rachel Shows Ordination in Alexandria
- 12 Outreach Committee Food Drive finishes
- 21 Knit Unto Others at 2:00 pm
- 25 Stop Hunger Now Meal-Packing Day



(Many groups are on summer vacation June to August.)

### Committee & Group Meetings

Adult Choir Rehearsal	Wed: 7:00 pm
Adult Forum	Sun: 9:30 am
Alleluia Singers	Sun: 8:45 am
Daytime Faith Study	2nd/4th Thurs: 10:00 am
Knit Unto Others	3rd Tues: 2:00 pm
Liturgical Bible Study	Wed: 10:30 am
Community Fellowship	2nd Thurs: 7:00 pm
Men's Fellowship	2nd Sat: 7:30 am
Outreach Committee	4th Tues: 7:00 pm
Properties Committee	3rd Tues: 7:00 pm
Treasure Box	Wed & Fri: 10 am-4 pm
Vestry	2nd Tues: 7:00 pm
Women's Bible Studies	Tues: 10:45 - Noon Thurs: 6:30 pm – 7:45
Youth Group	Sun: 6:00-7:30 pm

**The Rector's day off is Friday.  
The Assistant Rector's day off is Monday.**

#### *Children's Chapel*

No Children's Chapel for the summer!

#### *Nursery*

Our nursery, on the 2nd floor of the Parish Hall, will  
be open but unstaffed during the summer.  
Parents are welcome to use as needed during the  
10:30 am service.

## June Birthdays

- 1 Woody Baker, Jim Taylor
- 2 Bernice Brown, Nancy Tabaka
- 3 June Davies, Jeannine Raymond
- 4 David Bicking, Scott Barnes
- 5 Sherri Dastjerdi
- 6 Bryan Fairbanks, Calum Lewis
- 8 William Armstrong, Jr.
- 9 Amanda Matthiesen
- 10 Donald Netschke, Gerry Kiefer
- 11 Evelyn Gibson
- 12 Kay Jones
- 16 Gerald Crowell, Deborah Crawford,  
Harper Fritz
- 18 Jim Wiedower, Sue Correll
- 19 Dennis Bromley, Hannah Jacobsen
- 20 Lindsay Trant, Katherine Crawford,  
Edward Crawford
- 21 Suzanne Pettit
- 22 Conrad Koneczny, Christopher Francis,  
Frank Armstrong, IV
- 23 Kathryn Schain
- 25 Walter Jagiello
- 26 Bill Wiley
- 27 Stephanie Pearson
- 29 Rusty Holland
- 30 Caroyln Griffin, Cameron Crowell



## Wedding Anniversaries

- 7 Bo & Eve Brown
- 8 Bill & Katy Wiley
- 9 Tim & Cathie Waldie
- 9 David & Margery Wingenbach
- 9 Tom & Lori Ellington
- 12 Jim & Martha Griffin
- 13 Rob & Susan Ross
- 14 Bill & Sandy Armstrong
- 16 Don & Betty MacDonald
- 16 Bob & Nancy Mitchell
- 18 George & Roberta Gunnell
- 19 Bill & Anne Drury
- 19 Nelson & Barbara Keech
- 20 Mark & Judy Pennypacker
- 21 Clay & Susan Morris
- 26 Ashley & Betty Futral
- 29 John & Polly Nelson

celebrate!



**Look for Christ Episcopal Church  
Winchester and like us to stay up-to-date  
on the latest news!**

### Please Note:

We will publish birthday and anniversary information only with explicit permission. Please contact the Church Office if you wish to be added to or deleted from these lists. Please keep the Church Office informed of any changes to your address, phone numbers and e-mail addresses. Please let the office know the school addresses of our college students.

## From the Outreach Committee

### Feeding the Hungry

As the Outreach Committee plans for our Stop Hunger Now meal-packing day on June 25, where we assemble packages to feed the hungry far from home, we have an opportunity to “practice” and support a local group of children served by our Panda Pantry during the school year. Today through June 12, we will have a food drive to serve 20 children. Food collected will be used to assemble food bags for students this summer to be distributed by our Panda Pantry partner, Frederick Douglass Elementary School. If you would like to participate, please take a card during Coffee Hour and return your donation of groceries on June 5 or 12.

Stop Hunger Now is an international hunger relief organization that coordinates the distribution of food to the world’s most destitute and hungry in a sustainable and efficient manner. More than a billion people do not have enough to eat and a child dies every six seconds from a hunger-related cause. Stop Hunger Now has provided over 17 million meals to hungry people around the world. The good news is that you can help from here in Winchester!



**STOP HUNGER NOW.**

*June 25, 2016*

The Christ Church Outreach Committee is again sponsoring the Stop Hunger Now meal packaging project. The packaging will be Saturday, June 25, from 9:00 am to 12:00 Noon. Bring your family out for a fun morning and help us package thousands of highly nutritious dehydrated meals. We need many volunteers to make sure that we get the packaging done in a timely fashion. Volunteers form an assembly line to put together food packages, each of which serves six people. All ages are welcome and you can sit while you work! Watch for signup sheets in the Tilford Room.

For more information, visit [www.stophungernow.org](http://www.stophungernow.org).

## From the Properties Committee

A few months back, the Properties Committee talked about the establishment of priorities which stemmed from a thorough review of the parish’s buildings. The committee saw two of the leading issues to be safety and structural concerns, followed by less pressing maintenance issues.

The Properties Committee wants to update you with some of the projects coming up in the next few months. As we complete the bidding process, we look forward to having some long-overdue projects completed. The main floor of the Smith Building will have the floor reinforced to make sure that the building lasts for a good long time. As part of that work, old pipes no longer used and other items left from years past will be cleared out. It is one of those projects that you probably will not notice, but if you hear banging from the basement, please know that the building is not haunted.

On the exterior of the sanctuary, we will be having the roof prepped and painted to seal it. We are also having the trim and window sills around the stained glass windows repaired and painted. Water is always a threat to buildings. With the Bell Tower project, we dealt with a good deal of water drainage issues to make sure the water went away from the buildings. This additional work, and the previous masonry work, are part of our efforts to make sure that the envelope of the church is sealed as well.

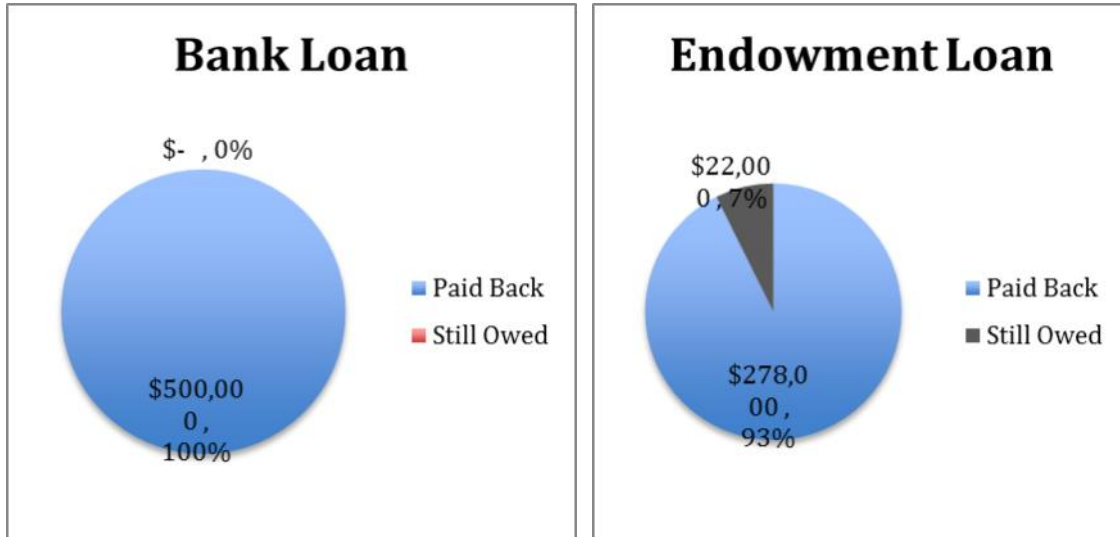
This by no means completes our list! The stewardship of the wonderful buildings we have is an ongoing process. We will keep you informed as we move ahead.



## From the Finance Committee

### Capital Campaign – So Close to FULL PAYBACK!

To fund the Bell Tower project several years ago, we had to borrow \$500,000 from our bank and another \$300,000 from our own Endowment. We had a very successful Capital Campaign to meet that challenge so that we will ultimately pay back all the money we borrowed. The current status is: we only have \$22,000 left to pay back to our Endowment Fund self-loan!



### Organ Renovation Project

Look for an update on the funds collected and the payback status for the Organ Renovation project in next month's Angelus.

### 2016 Budget & Actual

	Through April 30th, 2016		
	Budget	Actual	Difference
Revenues	\$176,360.00	\$168,728.49	\$(7,631.51)
Expenses	\$197,585.59	\$183,506.55	\$(14,079.04)
Balance	\$(21,225.59)	\$(14,778.06)	\$6,447.53

In summary, revenues are still down compared to budget (winter storms in January and February resulted in lower than expected attendance). However, expenses are also down compared to budget. Fortunately, the resulting bottom line is that we are better than budget year-to-date by about \$6,450!

*If you have questions about this financial information, please submit them by e-mail to Theresa Seitz at [tseitz@christchurchwinchester.org](mailto:tseitz@christchurchwinchester.org)*

## Parish News

### Lego® my Gospel at Shrine Mont!





## Parish News

### Rachel Shows Ordination

We are happy to share with you that our seminarian, Rachel Shows, will have her ordination to the Transitional Diaconate in June. Here is the invitation from the Diocese:

*God willing - and pending the consent of the Standing Committee and the Bishop's approval - the Rt. Rev. Shannon S. Johnston, Bishop of Virginia, will ordain Jordan Casson, Catharine Gibson, Kristine Johnson, and **Rachel Shows** to the Sacred Order of Deacons (transitional) on **Saturday, June 11 at 10:30 am**, at St. Paul's Episcopal Church in downtown Alexandria. The Bishop and the Standing Committee request the honor of your presence.*



### CCAP Collection for June



While many of us are on vacation this summer, CCAP's clients are not. They need our support all summer! In June, we will collect **canned meat such as Spam, tuna, etc.** for CCAP. CCAP (Congregational Community Action Project) is a ministry of 46 worshipping communities in Winchester and Frederick County that have come together to support our neighbors in need with financial, material, and other assistance. There is a bookshelf in the foyer of the Parish Hall marked CCAP. Please leave items there and thank you for your generosity!

### Men's Fellowship Meets

The Men's Fellowship returns to the Baden Center for our June meeting on Saturday, June 11, at 7:30 am. Our topic is fear in today's society and how the scriptures help define it for men in our day-to-day lives. Breakfast will be served.

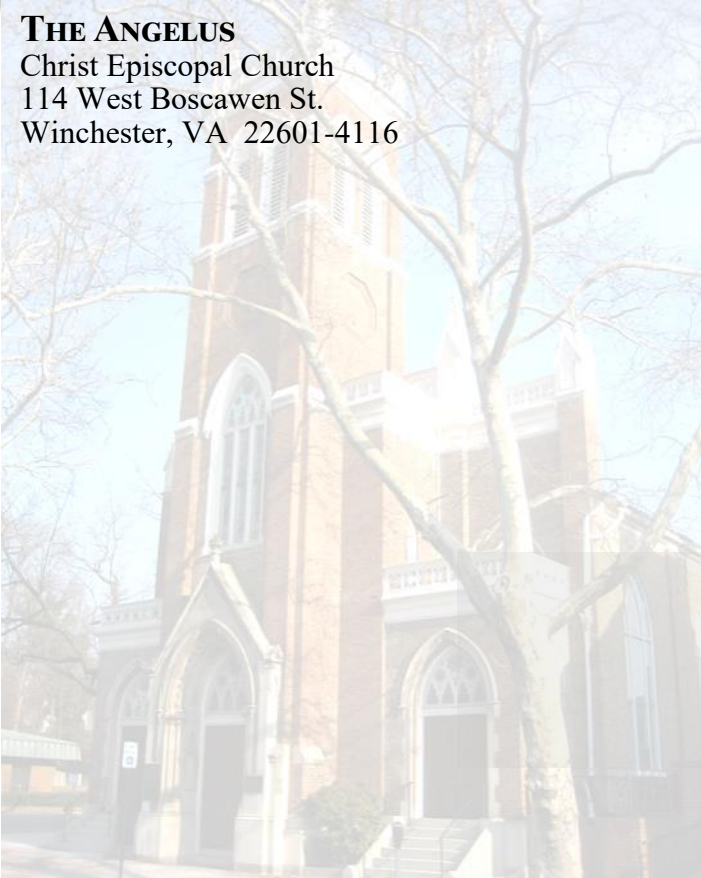


The Treasure Box is open Wednesdays and Fridays from 10 am—4 pm.  
114 W. Boscawen St.

**HELP!** The Treasure Box needs more donations! Our sales have gone so well this spring, that some racks are looking a little thin. Women's summer tops and accessories of all kinds - purses, scarves, and jewelry go quickly. We are especially short of men's summer-weight sport coats, and we can always use belts, ties, shorts, and slacks. Good reads in paperbacks sell well also, so please remember the Treasure Box when you accumulate a few too many of these. Customers often stop by to comb the shelves for reading material. Thanks, once again, to all our parish partners who keep us going with donations.

**THE ANGELUS**  
Christ Episcopal Church  
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Winchester, VA 22601-4116

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*The Angelus* is a monthly publication of Christ Episcopal Church.  
For weekly updates, please see *The Sunday Announcements* in the bulletin.

## Parish Nurse Musings

Summer sometimes gives us a little extra time to relax and think about things. It may be a good time for you to examine your emotions and practice some techniques for a happier you! Here are some suggestions:

1. Don't interfere in other people's business. Unless you walk in their shoes, you really don't know what they are experiencing.
2. Let go of the need to be right all the time; and if you are wrong, admit it! None of us are perfect.
3. Stop blaming others for things that happen. Verbally forgive those you have blamed.
4. You don't need to try to impress others. You are a special person. We already know that about you.
5. You can enjoy life without trying to be perfect. A few mistakes along the way are just fine with all of us.
6. Finish unfinished business with others. We make lists to shop, clean house and other things. Why not include talking to others about things you never completed discussing?
7. Look at your emotions and put a halt to those that are bothering you. Is it really worth becoming so angry or sad over something that may not be that important? Let yourself feel anger, grief, and other emotions without condemning yourself.
8. Last, but most importantly, talk about these issues with your children and friends around you. Maybe if you are working on these areas, those around you will too, and we will all live a happier life!

See you next month.

Your Parish Nurse, Helen